

# SPIRITRY MIND NEWS



*Autumn 2022*  
**A Harvest of Words**

*A publication of Spiritry*

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## intro

This issue of The Spiritry Mind News is a gift basket containing spirit-filled words that were intentionally curated, cultivated, and harvested with you in mind. Specifically, it is a clear and direct invitation for you to answer the call of your very own Spirit to honor and unleash your creative voice that is at this very moment demanding its own unique expression. It's time for you to answer that call. May these poems inspire you deeply, and evoke your own words of power to come forth.

Those of us on the sidelines eagerly anticipate the arrival of your dream as it finds its place within the collective vision of the larger communities of which you are a part. In order for you to stand in your rightful place, you must be willing to commit to your personal liberation and spiritual authority by speaking what must be spoken by you and through you. The beauty and power of your unique gifts are alive, waiting for your active engagement. Acknowledge and honor them by honoring yourself. Prepare to unleash your voice without concern for the status quo, what has been done before, or who might not like it. Through Spiritry, I'm not just here to hold space. I am here to help make room for that which wants to emerge through you.

The Star and Pasowee cards ask you to contribute your version of beauty and strength to the collective well-being of the planet through your day-to-day personal practice. You were born with the tools and inherent wisdom to do this. Let's do it together.

## Dance of the Waters (Shakti, Life Dancer)

The river does not stop, but we often do. The ocean never stops churning; Mother never stops moving. It is the movement of life. Sometimes stagnation grips us and we forget our footing and lose our place in the dance. During these times, we have to find our way back into the flow of life - the river of life; the motion of the ocean - literally, at times. Just because we might temporarily find ourselves seemingly off path or out of sync doesn't mean the waters have stopped doing what they do. We can step back into life- jump in wherever we are. We can get back into flow by reconnecting to something larger than us. We need to literally go with the flow and remember Who We Really Are. Outer busyness is not the goal. The intention is to feel and know our inner rhythm once again. And we can experience that rhythm even when we are still and resting as needed. The idea is to let the Mothers get us moving, so that they can then help us to move back into our own unique flow once again.

Heaven is home; the world is the marketplace. Being both spirit and flesh, we are presently citizens of both. Trying to divorce spirit from flesh is a very messy and dangerous work. Let's be about getting ourselves together. Get back into flow as often as needed. Our bodies remember the waters from before we were born into the world; this rhythm-memory lives in our cells. Let the rhythm of the waters guide us into our sense of wholeness.



## Birthright, Blessings & Promises

Prophetically and by promise I'm here  
to shift into supplanter-mode  
Ready to acquire appropriate and assume everything  
Slide into my rightful place as  
the second firstborn native son  
Adopted grafted in  
I am the inside-child born outside  
The only true heir and yet  
displaced and hounded by internalized  
false stories fabricated to keep me  
in my place contained  
But this is my place the whole of it  
And I shall not be moved





# Autumn Equinox Reading

## The Star

Physical and psychological healing energy is on tap this season. The Star card creates room for health, well-being, and power in our lives to be embodied and expressed in uniquely beautiful ways. She brings a calm and gentle sweetness to help soothe and heal the troubled heart from the effects of chronic stress, overwhelm, and anger. She encourages involving oneself in some expression of the fine arts such as music, painting, sculpting, writing, theater, or dance. As a result, Her gift to us is a calmer, more cultivated spirit. Without it, we find ourselves pent up, resentful, and repressed.

When tilted, the card speaks of illnesses of the nervous system.



*"Music has charms to soothe a savage breast, to soften rocks, or bend a knotted oak."*  
-William Congreve

Her kind and gentle hand will guide you as you try your hand at expressing your creativity. It's not about perfection, but presence and joy. Channel your energies into something beautiful and pleasing to you. If you want to share it with others in your world, so be it. If not, keep it to yourself. The point is to get it out and let it breathe. Over time, the sense of relief can replace some of that repressed nervous energy with ease and satisfaction.

It's understandable in this day and age that not many people want to hear about being meek or tamed because we equate it with weakness and being a doormat. But the original meaning of the word meek had to do with the pruning and taming of something powerful but swollen and misshapen, without direction or discipline. We now know that powerful is not the opposite of meek - angry and resentful are. When the heart is gnarled and misshapen due to chronic negativity, it takes a gentle but firm hand to release the healthy, beautiful tree within. Only someone with an intimate knowledge and appreciation for that place where creativity and the arts are born from can accomplish this important work.



## Work

Sometimes the work looks like  
repetition and laying things out repeatedly with care  
the benefits are multitudinous and multi-faceted  
so I am being as diligent as I can in purposefully putting it down  
word for word taking dictation mining the lot sifting sorting cultivating  
This is my craft and the rhythm of it comforts my soul  
brings me back to the work at hand what's on my plate the routine  
Sometimes discipline looks like ecstasy and bliss  
basking and reveling that cannot be expressed or explained  
except in the work being done

## Teaching

I'm going to lay down the strands of this poem right tight  
like braids upon the scalp taut in neat cornrows cinching  
every hair together in perfect detailed harmony to  
ensure the proper transference of knowledge through  
osmosis wisdom into pores ready to receive instruction  
on how to live a life love a being and travel astrally  
without restriction

*"Beauty for ashes. The  
oil of joy for mourning.  
The garment of praise for  
the spirit of heaviness. "  
-Isaiah 61:3*



# Mid-Autumn Reading

**Pasowee, Crone of Pentacles - Capricorn**



As we move closer to Capricorn season, the crone of pentacles comes to give us a heads-up. She is adept at organizing, sorting, planning, and saving - the practical things in life that hold us together day-to-day. She is very wise; always happy to share her knowledge and wisdom with us. This crone is the embodiment of ancient wisdom as it pertains to the tending of the hearth and home. Well acquainted with the earth, she moves with calm confidence in her ability to make something out of nothing, stretch a dime into a dollar, and coax the soil to give up her life-sustaining produce. Wherever you may fall short in these attributes, Crone of Pentacles is able to make up the difference. Allow this Earth Maven to support and assist you as you create your unique version of your home. Let her teach you how to take care of your body so that it may serve you for many years to come. Pay attention to ancient wisdom springing up from within you in the form of intuitive nudges. Her home remedies and natural prescriptions have been handed down through your matriarchal lines. Her information may sound like many things you have heard before, but don't be too quick to dismiss old wives' tales. Try your hand, see what works, and go with it. Include your own intuition into the conversation; feel free to add newly-born traditions you have acquired over your lifetime.






## Dreamkeeper Affirmation

"I am the primary custodian of the dream within me. No matter how accurately someone may be able to see, divine, confirm or reflect it back to me, I am the Holder of it. Through my diligence and perseverance, I am creating something of value that I can share with the world. This season, I am taking time to look at all I have accomplished and acquired - not according to the world and the standards of others, but according to my own spirit within me. It's time to take stock - What have I been building? Who have I become, and who am I still becoming? How can I strengthen my foundations? I will reaffirm my commitment to my practice as I consciously embody my vision.

I know I am never starting from scratch. When challenged, I will not throw out the baby with the bathwater. I will not sabotage myself with fruitless, harmful inner dialogue. I will not busy myself with busyness. I will be quiet and still, and listen until I get my inner green light again. And then I will move."

## Custodian

She alone holds the vision yet counts herself dispensable she's the keeper of it  
No one knows the details embedded in her veins dreams blood and prayers  
She cannot be forsaken unconsidered disregarded anymore not a footnote or fond memory  
but valuable important central to the mission to the unfolding of the dream  
What is there in the dark gestating what is the story written  
The image of the blueprint that rests upon her walls  
She surrenders to it lets its beauty wash over her and overtake her again and again  
Knowing that she is birthing by agreeing listening and engaging the beauty of what she intuitis  
What she feels in her deepest womb of creativity



# SPIRITRY SERVICES

**Spiritual Currency (How to Get it, Spend it, And Save it)** is designed to help you take your spiritual development to a new level by creating, activating, and managing your Spiritual Currency Portfolio. 'Currency' is a term I use to describe sacred words and things - quotes, lyrics, scripture, images, symbols, songs - that embody and express your spiritual treasures, gifts, and blessings. Just as with monetary currency, spiritual currency is something that can be acquired, saved, exchanged, and spent.

**Spiritry Life Coaching** is designed for Spiritually-minded people who are leaders in their lives and communities, who use journaling and affirmation work as primary tools in their personal spiritual practice and are ready to take that practice to the next level through Spiritry. In our coaching program, learn how to use your most powerful words to experience divine appreciation for Who You Really Are.

**Spiritry Tarot Reading** An opportunity to look beyond the veil of circumstances into spiritual truths using round, multicultural goddess-centered tarot with an empowering philosophy. Identify recurring personal patterns and potential strategies.

**Personal Power Breakthrough Session -** Break through your personal glass ceiling into the realm of unlimited possibility with a paradigm-shifting intuitive reading and coaching session in one!

**The Spiritry Tarot Apprenticeship -** This four-month program is framed within the context of women's spirituality during which you will gain proficiency in the craft of divining with Tarot as a vehicle for honing your gifts of spiritual discernment and intuition. Unavailable until further notice. Light, peace, and progress to the spirit of the late Ffiona Morgan.



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Much gratitude to clients and supporters who receive and gain benefit from any Spiritry offerings. Thanks to every source of inspiration, knowledge, and wisdom that expands the good work.

Special thanks and honor to the memory of Ffiona Morgan, the creator of Daughters of the Moon Tarot. Light and rest to her spirit.

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