

SPIRITRY MIND NEWS

SPRING 2022

*Who
I Am*



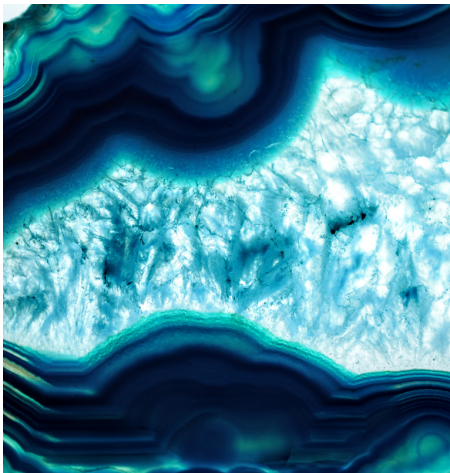
INTERSECTIONS

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Ffiona Morgan

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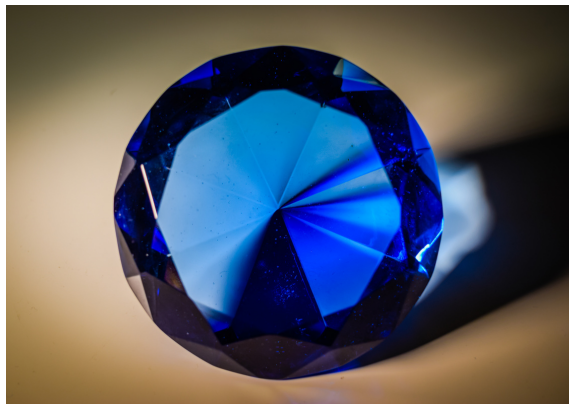


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Introduction



Who Do I Say I Am?

When we express or affirm a spiritual inner truth that is not yet evident or measurable in the visible outer world, we can use the help of the Trickster who is more than happy to usher us through the parade route of self-doubt. His role is to introduce us to a place within us where our affirmation is indeed unequivocally true, and absolutely real. And it is from that place of belief that our inner truths become external realities that can be expressed and experienced in the presence of others.

This Spring's message is about the internal intersections of our lives, where our various identities meet and make peace with each other. We're being called upon to embrace the Whole Self, unconditionally, leaving nothing out. We are never being or experiencing just one thing. We are living multidimensional lives with continuously shifting components. It's a wonder that we ever find ways to reconcile ourselves and ever-evolving perspectives, but we do. The more we can surrender to inherent order, divine orchestration, and synchronization, the smoother our inner life tends to be.

This Spring calls for a keen awareness of who we are being, what we are doing, and where we are headed at any given time. We are living breathing crossroads, forever deciding and determining who we really are. Spring has a nickel in that quarter. Use this quickening energy to help catapult you to your desired state; the one that most accurately resembles you in the spirit. When you find it, occupy that space completely until it's time to move again.~



Poetry

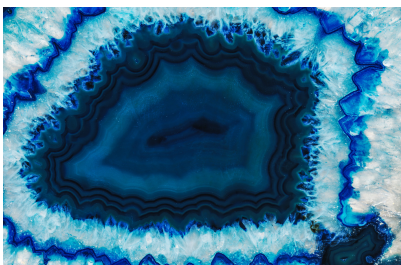
Intersection

I have my very own Trickster
guarding the crossroads of my life
Who makes room for me in the world
My body is the intersection
where my various identities meet
I am the only place where
everything about me makes sense

Guiding Quote

“I bring the sacred women's mysteries:
I understand magic. I bridge generations and
traditions, bringing many people together.”

- *Efiona Morgan, Life Path #5 - Hierophant, Bridgemaker,
Channeler, Translator, and Bringer of the Sacred*



Spring Equinox Reading

Trickster, Coyotewomon

I just know my inner Trickster is taking me on a trip this Spring, so I am surrendering. She has so many tricks up her sleeve and I know she's eager to lay opportunities in my path that will catapult me into possible tomorrows. She's been waiting for me to get on board. She already knows what I want, and is committed to helping me get there. In the meantime, I'm going to cooperate as best I can, and not resist.



I used to feel like I had no idea how to shift gears and get out of my own way. But my intuition is telling me: "Do something different; do something different". I may not know exactly what I'm looking for or what I want right now, but I do know that I'm tired of looking at the four walls of mediocrity. I want to spread out and give my inner entourage something to gossip about. In the back of my mind, I'm wondering: maybe some of my unhappiness is actually boredom. It's time to shake things up a bit. Do something new. Consider an alternate perspective. Encourage a previously cautious aspect of myself to come forward. I'm ready to stretch and move and grow towards the sun. Experiences of the past no longer hold my attention - neither my victories nor my failures. Even a new kind of challenge would stimulate me. I could stroll past someone else's story and see if I can lend a hand. Extend myself beyond my own familiar borders. I'm ready to engage life in a new and different way. I admit, my reluctant subconscious may need some convincing. It's full of affirmations but sometimes short on belief; like it's waiting to be unleashed. The Trickster has just the thing: A reminder that I have the power of choice. "I am who I've always wanted to be," and I understand that the only reason I want what I want is because it is already so, somewhere, and I have the power to step into and embody that state any time I choose. ~

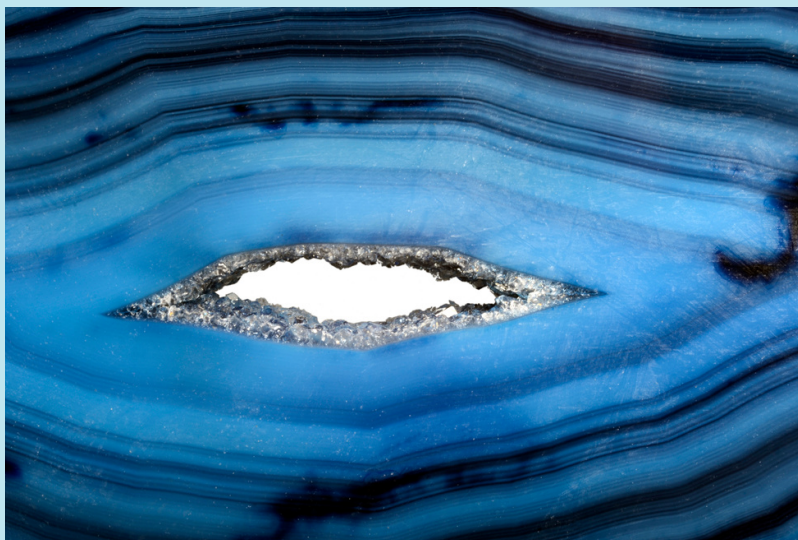


Focus Energy

Across Generations

When I was growing up the old people used to say, “I’m gonna run on and see what the end’s gonna be.” Given the opportunity to stand and speak during church services, they would bookend their testimony with statements like, “I’m gonna rise and tell my whereabouts; tell how the Lord’s been good to me. Those who know the prayer of faith pray for me,” or some variation thereof. These words were strung together to create a rhythmic testimony recited from memory, known by all, and made familiar by weekly repetition in Southern Baptist pews across the Carolinas. Sayings like this were also sprinkled throughout the day, during the week, to encourage and strengthen one’s resolve against the challenges of everyday life. This precursor to modern-day affirmation and intention-manifestation work helped paved the way for a new generation born to storm the gates of heaven if need be.

Those of us who are called to deliver our messages of bold faith across generations and traditions are truly blessed. As we continue to heal from generational scars of being taught that we’re “too much,” we get to step further and further away from self-deprecating inner dialogue. People of different beliefs are not automatically “the enemy”. The mantle has been laid upon us to bridge the gap between the old ways and the new, creating a decidedly brazen generation.~



Midspring Reading

Whirlpool, two of cups

You are the filter through which many things flow. You naturally sift, sort, and save. This is a great time to throw away the emotional debris you've accumulated over time. Whirlpool, two of cups gives a whole new meaning to the phrase "Spring cleaning." Leftover emotional baggage from the holidays and throughout winter may have left you with unsorted and unprocessed negative feelings that continue to linger in your everyday life.



In particular, unprocessed anger has a way of hanging around and often winds up in the folds, corners, and crevices of our lives and bodies. Regular maintenance helps us to stay clean and clear so that seemingly benign emotions like frustration and annoyance don't build up like dust in our throats, making communication difficult, to say the least. Anger, rage, frustration, resentment, and irritation: all exist along a spectrum of emotional energy. They often travel together. When we put frustration on top of irritation and compound it with resentment, the results can be explosive. It's time to take stock and discern if your anger is seeping out in your everyday conversations and interactions. Are you curt? Impatient? intolerant and complaining a lot? You may be harboring repressed anger. The Whirlpool card advises making time for self-assessment so you can come to terms with what you are actually feeling before attempting to fix or get rid of it. Once that inner understanding has been reached, you can take steps to express yourself, make amends, stand your ground, have pertinent conversations, and so on - whatever it takes for you to feel like your anger, for the moment, has been addressed and sufficiently dealt with.

With this card, it's important to remember that anger about one situation can easily seep into another. As much as possible, try not to transfer and or project your anger between different situations and relationships. Avoid the pitfalls of the snowball effect by handling conflicts when they are minor, keeping everything in its place, and not making mountains out of molehills.~



SPIRITRY SERVICES

Spiritual Currency (How to Get it, Spend it, And Save it) is designed to help you take your spiritual development to a new level by creating, activating, and managing your Spiritual Currency Portfolio. 'Currency' is a term I use to describe sacred words and things--quotes, lyrics, scripture, images, symbols, songs--that embody and express your spiritual treasures, gifts, and blessings. Just as with monetary currency, spiritual currency is something that can be acquired, saved, exchanged, and spent.

Spiritry Life Coaching is designed for Spiritually-minded people who are leaders in their lives and communities, who use journaling and affirmation work as primary tools in their personal spiritual practice and are ready to take that practice to the next level through Spiritry. In our coaching program, learn how to use your most powerful words to experience divine appreciation for Who You Really Are.

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The Spiritry Tarot Apprenticeship - This four-month program is framed within the context of women's spirituality during which you will gain proficiency in the craft of divining with Tarot as a vehicle for honing your gifts of spiritual discernment and intuition. Unavailable until further notice. Light, peace, and progress to the spirit of the late Ffiona Morgan.



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Much gratitude to clients and supporters who receive and gain benefit from any Spiritry offerings. Thanks to every source of inspiration, knowledge, and wisdom that expands the good work.

Special thanks and honor to the memory of Ffiona Morgan, the creator of Daughters of the Moon Tarot. Light and rest to her spirit.

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